

Online Safety – Keeping Children Safe Online

Wednesday 7th February 2024



'Children have the right to enjoy childhood online, to access safe online spaces, and to benefit from all the opportunities that a connected world can bring to them, appropriate to their age and stage.'

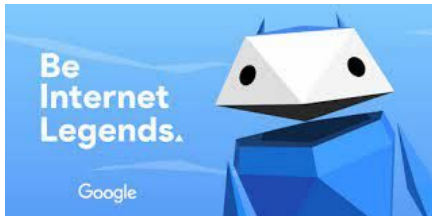
Education for a Connected World

What is Online Safety?

It focuses specifically on eight different aspects of online education:

1. Self-image and Identity
2. Online relationships
3. Online reputation
4. Online bullying
5. Managing online information
6. Health, wellbeing and lifestyle
7. Privacy and security
8. Copyright and ownership

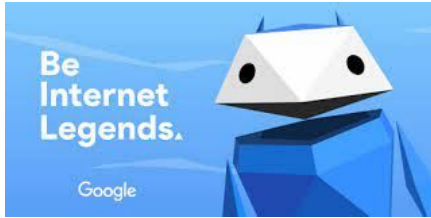
Where to start?



Where to start?



NSPCC



Stay S.M.A.R.T



S Be Safe
Keep your personal information safe and secret. Think carefully before you share a photo of yourself or your friends.

M Don't Meet Up
Never arrange to meet an online friend because it can be dangerous. No matter how well you think you know people, they might be pretending.

A Accepting Emails can be Dangerous
If you receive junk mail (called Spam) or messages which make you feel uncomfortable, tell an adult that you trust and delete them. Don't reply to them!

R Reliable?
The Internet is full of friendly people and amazing information. However, sometimes people might say or write things which are untrue, so you should always think carefully before trusting what you see or hear.

T Tell Someone!
Most of the time that you are online, you will have lots of fun. However, if you see something that makes you feel uncomfortable or worried, make sure that you tell an adult who you trust.

Teaching Online
www.teachingonline.co.uk

IS FOR SAFE
Never give out personal information to strangers on the internet. Personal information includes things like your home address and your birthday.

IS FOR NEVER MEET
Never ever meet up with a stranger you have met online unless a parent or guardian has said it is ok and is present. Never, never, never, never.

IS FOR ACCEPTING
Don't open emails from people you don't know, they could contain viruses. If you get a strange email from a friend and you think might have a virus make sure you let them know!

IS FOR RELIABLE
Don't believe everything you read online, check your facts! Do read it on a reliable website like the BBC? Are other websites saying the same thing? Does it tell you where they got the information?

IS FOR TELL
If you have an online safety problem, make sure you tell someone a parent, guardian, or teacher as soon you can.

Online Safety Follow the SMART rules to help stay safe online.

S Stay safe online by not sharing your personal information.

M Do not meet anyone who you have only become friends with online.

A Do not accept messages and friend requests from people you do not know.

Remember: Not everything online is...

Stay S-M-A-R-T Online!

SAFE: Keep all your personal information safe.

MEE: Don't meet any strangers you've talked to online.

ACC: Think before you accept anything online.

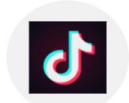
TELL: A responsible adult if you feel anxious.

RELIABLE: Not everyone is who they seem to be.

Age Ratings



13 year olds and upwards



TikTok



Instagram



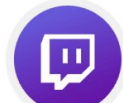
Facebook



Snapchat



Twitter



Twitch



YouTube



Houseparty



Kik



Bebo



YouNow



Omegle



Habbo



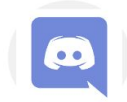
Reddit



Yubo



Whisper



Discord



AskFm

- Age ratings are useful to help you decide what is appropriate for your child.
- You are probably familiar with the age ratings used for films, but apps and games are rated differently and there is lots more to consider.
- Some ratings give a minimum age, some use categories

Age Ratings



16 year olds and upwards



WhatsApp



LinkedIn



MySpace



Periscope



Flickr



Vimeo



Tumblr

The different ratings / classifications that you might see:

- **The app developers rating**
A self-review by the app developer of what age they would recommend users should be to use their app.
- **Apple app store**
A rating given by Apple based on information provided by the developer on several factors including sexual content or violence.
- **Google play store**
Ratings by Google to help users identify content that isn't suitable, based on a questionnaire filled in by the developer.
- **Amazon app store**
Amazon only accepts family friendly apps, based on developer information, and rates with categories such as parental guidance.
- **PEGI ratings**
PEGI ratings are based on details supplied by the developer on several factors including violence, sex and bad language.

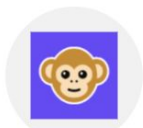
Age Ratings



Not suitable for under 18 year olds



Clubhouse



Monkey



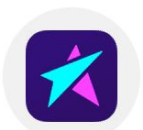
Tagged



YOLO



Meet Me



Live.me

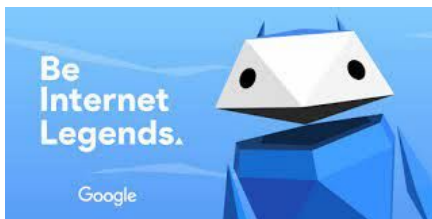
How to know if an app is suitable for your child

If you're unsure, the best way is to check the ratings for the app, read reviews from other users, and consider downloading the app or game yourself so that you can see if it is suitable for your child before they play. Look at what settings are available in the app to help keep your child safe.

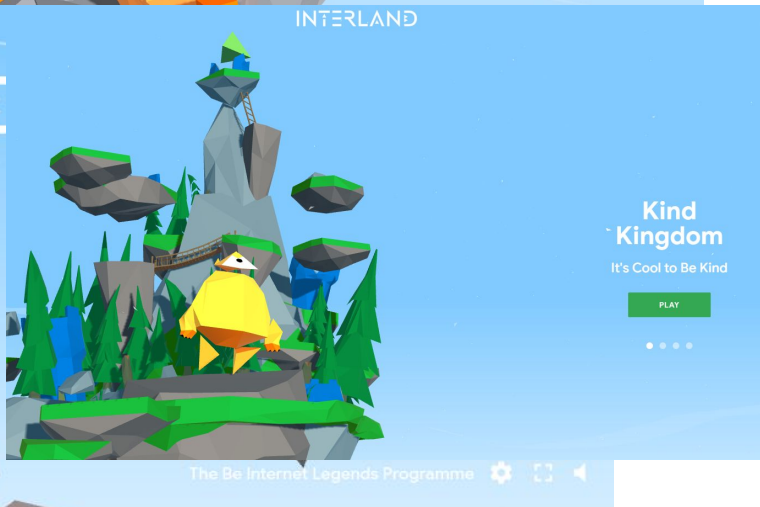
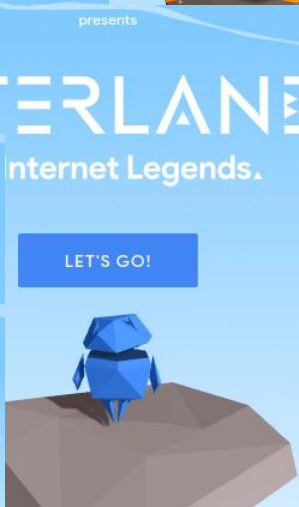
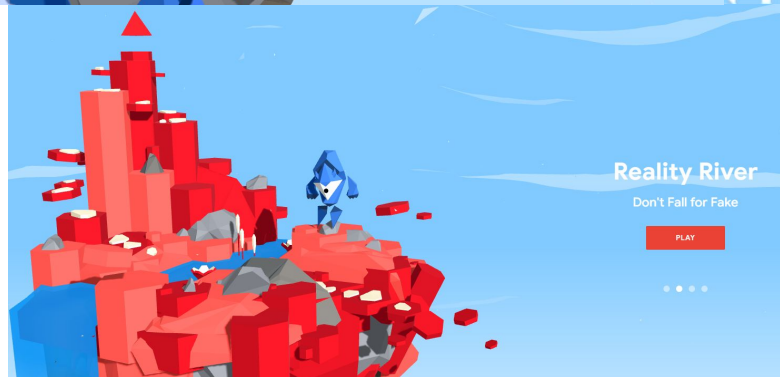
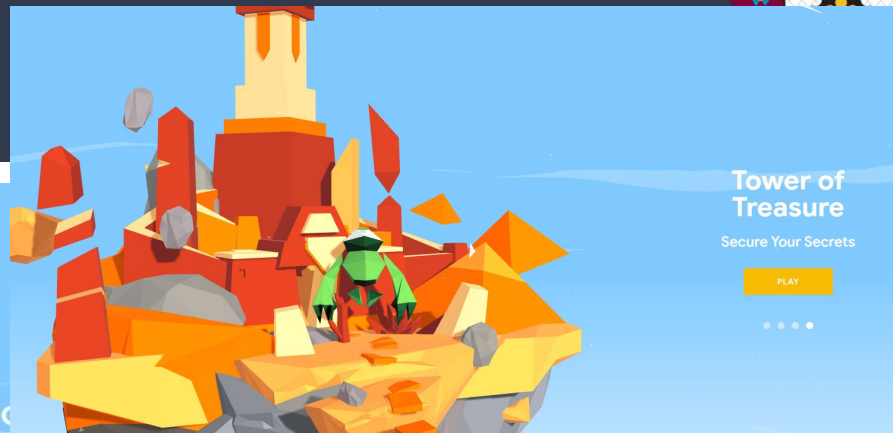
Look for:

- Content – what is posted / included and are there any controls to limit the type of content seen. Does a game have violent content.
- Contact – who can message them, or who are they playing games with. Can you limit this in the settings.
- In-app purchases – this can be a way of enhancing gameplay or advancing through levels. Look at the settings to turn off in-app purchases.
- Advertising – consider if the ads that are shown suitable for your child. You can report inappropriate ads to the [ASA](#).

Where can you go for help and guidance?



Be Internet Legends



Internetmatters.org



internet
matters.org

Smartphones and other devices

Select the device from the dropdown
list



VIEW ALL

1

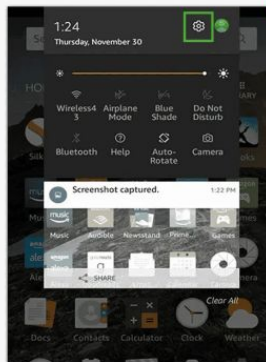
How to activate parental controls

If your child uses an Amazon Fire HD tablet, setting up parental controls is a key part of helping them stay safe online.

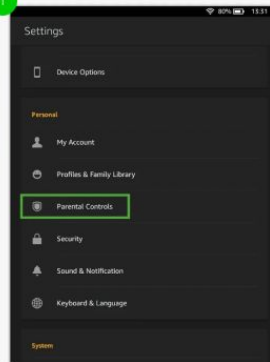
To set up parental controls:

Step 1 – From your tablet **home screen**, swipe down from the top and select the **gear icon** next to the profile icon. Under **Personal**, select **Parental Controls**.

Step 2 – Turn them on by **tapping the toggle** to on. You must enter your account **password** to do this, which can also be changed on this page. Now, you can set different parental controls.



1



Need to know more?

Follow these links to learn more or download
this information.

DOWNLOAD
PDF

VISIT AMAZON

Internetmatters.org



internet
matters.org



0-5

With so many websites and apps targeting pre-schoolers find out the simple steps, you can take to protect your young children.

[READ MORE](#)



6-10

As internet use grows, learn about the steps you can make to establish positive behaviour and how you can teach your child to stay safe.

[READ MORE](#)

Checklist: Supporting 6-10-year-olds online

Agree boundaries

Be clear what your child can and can't do online – where they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

Explore together

The best way to find out what your child is doing online is to talk with them about what they do and what sites they like to visit. Ask them to show you or play online games together to learn about the platforms and teach them good e-safety habits.

Put yourself in control

Install **parental controls** on your home broadband and any internet-enabled devices to manage internet safety. Set up a user account for your child on the main device they use and make sure other accounts in the household are password-protected so that younger children can't access them by accident.

Stay involved

Encourage them to use their tech devices in a communal area like the lounge or kitchen so you can keep an eye on how they're using the internet and also share in their enjoyment.

Talk to siblings

It's also a good idea to talk to any older children about what they do online and what they show to younger children. Encourage them to be responsible and help keep their younger siblings safe.

Search safely

Use safe search engines such as [Swiggle](#) or [Kids-search](#). You can save time by adding these to your 'Favourites'. Safe search settings can also be activated on [Google](#) and other search engines, as well as [YouTube](#).

Check if it's suitable

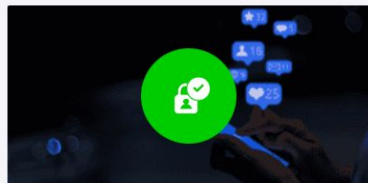
Internetmatters.org



internet
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Equip yourself and your child online

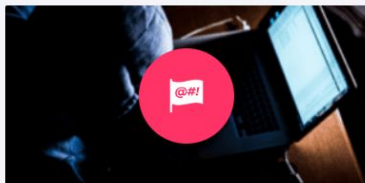
In each internet safety advice hub, you'll find specific information about the issue, tips on how to talk about the issue with your child, recommended expert resources and practical advice on the positive actions you can take. Here is a break down of the main sections available on each hub:



Privacy & Identity theft

Children are at risk of identity theft just as much as adults, so it's important to ensure they understand the importance of personal data privacy.

[SEE ADVICE HUB](#)



Radicalisation

Children can be introduced to ideas online that may be considered extreme and become radicalised, see what you can do to prevent this.

[SEE ADVICE HUB](#)



Learn about it

Familiarise yourself with the issue your child may be facing or that you are concerned about in the gaming and social media platforms they use in their downtime.



Protect your child

Find tips on how to protect your child from internet safety risks, including how to have positive conversations by keeping the dialogue honest and open.



Deal with it

Receive practical tips and advice to deal with the issues your child comes across online and learn when it's time to involve police. From using parental control settings to having conversations, these actions will help keep your child safe online.



Resources

Explore further resources for reporting online safety issues, accessing parent support and finding communities and spaces to help your child have positive online experiences in the gaming and social media platforms they use.

Internetmatters.org



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Apps to support digital wellbeing



Stay active with these apps



Experiment and
learn together

internet
matters.org



Build new skills with these apps




internet
matters.org

See apps for entertainment



Common Sense Media





 common sense media


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App Reviews
Best App Lists



Social Networking for Teens



Gun-Free Action Game Apps



Reviews for AI Apps and Tools



LEGO MOVIE 2: THE FIRST PART OF A SERIES
DAWN OF THE NUGGET



 **age 7+** ★★★★★
Stop-motion sequel has cartoon violence, mild threat.
Movie | PG | 2023 | 101 minutes
[★ Add your rating](#)



 **Parents Say: age 6+**
[6 reviews](#)

 **Any Iffy Content?**
[Read more](#)

 **Talk with Your Kids About...**
[Read more](#)

Where to Watch
 

PLUS
What is your kid?
8 
Based picks for family.
started
ve Plus? Sign in

vers: Learn more
se Media Plus.

National Online Safety



What parents need to know about WhatsApp

AGE LIMIT CHANGE
From June 2018, the minimum age for using WhatsApp is 16. This is to protect children from cyberbullying and other risks. Parents should ensure their child is at least 16 before they can use the app.

SCAM MESSAGES
WhatsApp messages can be used to spread fake news and scams. Parents should teach their child to be cautious of messages from unknown numbers and to avoid clicking on links or downloading attachments from strangers.

FAKE NEWS AND HOAXES
WhatsApp is often used to spread fake news and hoaxes. Parents should teach their child to be cautious of messages that seem too good to be true or that are spreading fear.

THE ONLY ADMIN FEATURE AND CYBERBULLYING
WhatsApp has a feature that allows users to report and block other users. Parents should teach their child to use this feature if they are being bullied or harassed.

CONNECTING WITH STRANGERS
WhatsApp allows users to connect with strangers. Parents should teach their child to be cautious of adding new contacts and to avoid sharing personal information with strangers.

LIVE LOCATION SHARING
WhatsApp has a feature that allows users to share their live location. Parents should teach their child to be cautious of sharing their location with strangers and to avoid sharing their location with anyone they do not know.

DELETE ACCIDENTAL MESSAGES
WhatsApp has a feature that allows users to delete messages. Parents should teach their child to be cautious of deleting messages and to avoid deleting messages that are important.

LEAVE A GROUP
WhatsApp has a feature that allows users to leave a group. Parents should teach their child to be cautious of leaving groups and to avoid leaving groups that are important.

USING LIVE LOCATION SAFELY
WhatsApp has a feature that allows users to use live location. Parents should teach their child to be cautious of using live location and to avoid using live location with anyone they do not know.

SET TIME LIMITS
WhatsApp has a feature that allows users to set time limits. Parents should teach their child to be cautious of setting time limits and to avoid setting time limits that are too short.

EXPLAIN HOW TO BLOCK PEOPLE
WhatsApp has a feature that allows users to block people. Parents should teach their child to be cautious of blocking people and to avoid blocking people that are important.

CREATE A SAFE PROFILE
WhatsApp has a feature that allows users to create a safe profile. Parents should teach their child to be cautious of creating a safe profile and to avoid creating a safe profile that is not safe.

National Online Safety

What parents need to know about FORTNITE: BATTLE ROYALE

THIRTEEN BATTLE ROYALE
Fortnite: Battle Royale is a free-to-play version of the game Fortnite. It is a battle royale game where up to 100 players compete to be the last one standing. The game is available on PC, PS4, Xbox One, and Switch.

NO PROOF OF AGE REQUIRED
Fortnite: Battle Royale does not require a proof of age. This means that children of any age can play the game. Parents should be aware of this and ensure their child is old enough to play.

MICROTRANSACTIONS
Fortnite: Battle Royale has microtransactions. These are small purchases that can be used to buy in-game items. Parents should be aware of this and ensure their child is not spending too much money.

HICKIES ATTACKS
Fortnite: Battle Royale has hickies attacks. These are attacks that are performed by hickies. Parents should be aware of this and ensure their child is not being attacked.

TALKING TO STRANGERS DURING SCAM MODE
Fortnite: Battle Royale has a feature that allows users to talk to strangers during scam mode. Parents should be aware of this and ensure their child is not talking to strangers.

IT CAN BE ADDICTIVE
Fortnite: Battle Royale can be addictive. Parents should be aware of this and ensure their child is not playing for too long.

IT CAN BE PLAYED ON THE GO
Fortnite: Battle Royale can be played on the go. Parents should be aware of this and ensure their child is not playing while driving or walking.

THREE TO PLAY
Fortnite: Battle Royale has a feature that allows users to play with three friends. Parents should be aware of this and ensure their child is not playing with strangers.

SOCIAL MEDIA SCAMS
Fortnite: Battle Royale has social media scams. Parents should be aware of this and ensure their child is not falling for social media scams.

WEAPONS AND VIOLENCE
Fortnite: Battle Royale has weapons and violence. Parents should be aware of this and ensure their child is not being exposed to weapons and violence.

National Online Safety

ROBLOX: A Parent's Guide

What is Roblox?
Roblox is a multi-platform online gaming platform. It is a place where children can create and play games. Roblox is available on PC, PS4, Xbox One, and Switch.

Main Concerns for Parents
Parents should be aware of the following concerns when their child plays Roblox:

- Chatting and friend requests:** Roblox has a chat feature that allows users to talk to each other. Parents should be aware of this and ensure their child is not talking to strangers.
- The Roblox Studio:** Roblox has a feature called Roblox Studio that allows users to create their own games. Parents should be aware of this and ensure their child is not creating inappropriate content.
- Roblox (online payments):** Roblox has a feature that allows users to make in-game purchases. Parents should be aware of this and ensure their child is not spending too much money.

What does it look like in the app store?
Roblox is available on the App Store and Google Play. Parents should be aware of the app's rating and ensure their child is old enough to play.

ROBLOX: Tips for Parents
Parents should follow the following tips to ensure their child's safety on Roblox:

- Check what your child is playing:** Parents should check what their child is playing and ensure it is appropriate.
- Set a time limit:** Parents should set a time limit for their child's Roblox playtime.
- Use a strong password:** Parents should ensure their child is using a strong password for their Roblox account.
- Report inappropriate behavior:** Parents should report any inappropriate behavior to Roblox.
- Use parental controls:** Parents should use parental controls to restrict their child's Roblox playtime.

National Online Safety

Childnet



[Resources](#) [Blog](#) [Who we are](#) [What we do](#) [What you can do](#)

[Donate](#)



[Teachers & professionals](#) [Parents & carers](#) [Young people](#) [Q](#)

[Parents & carers](#)

Have a conversation

Advice and resources to help talk about life online



Education from the National Crime Agency



The National Crime Agency's CEOP Education team aim to help protect children and young people from online child sexual abuse.

I am:

**A professional working with
children and young people**

**A parent
or carer**

**4-7
years old**

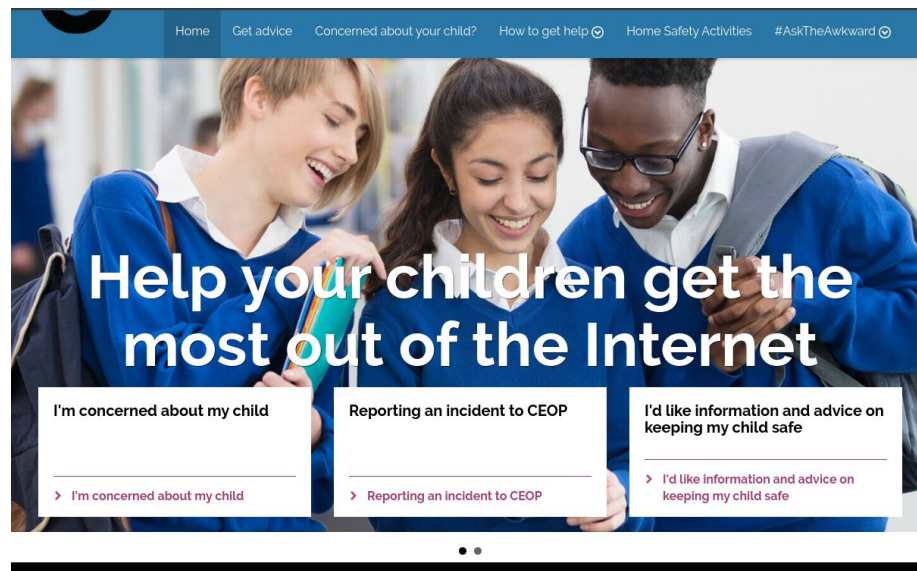
**8-10
years old**

**11-18
years old**

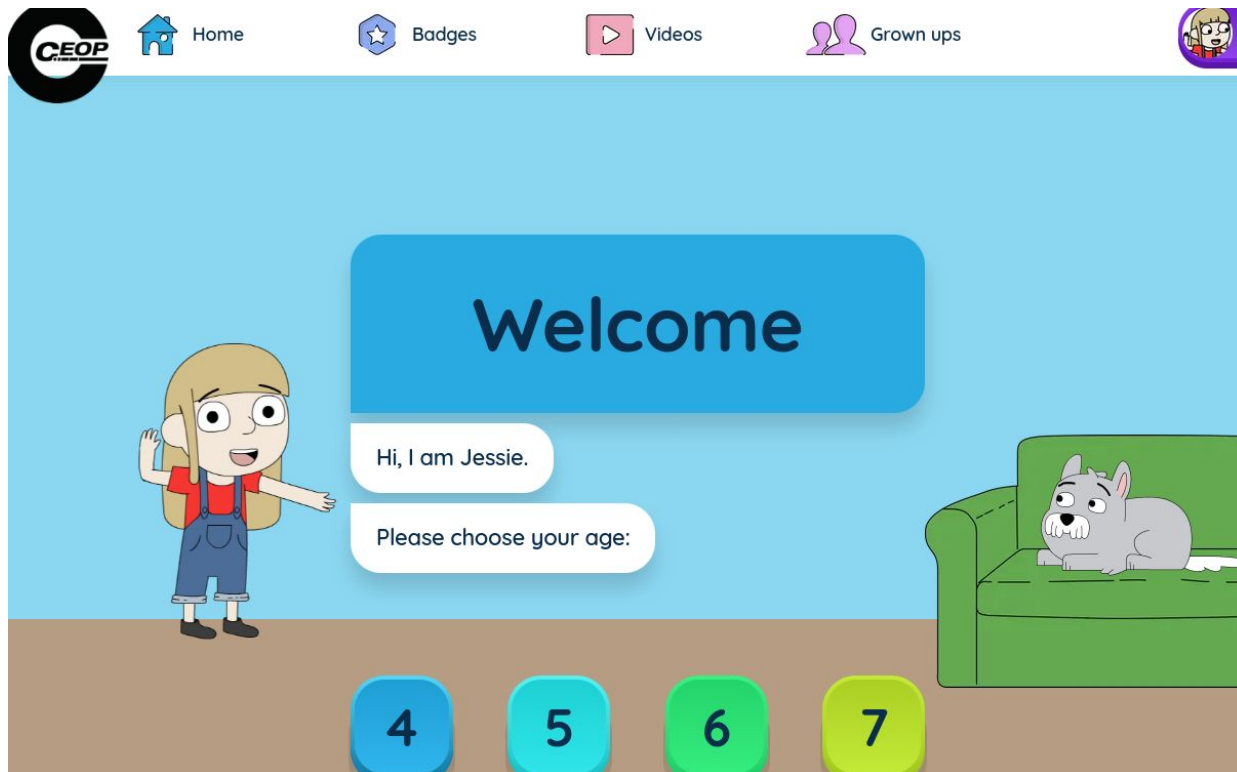
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Education from the National Crime Agency



Other Supporting Websites



NSPCC

childline
ONLINE, ON THE PHONE, ANYTIME



How can you help at home?

- Know that we all play a part and have a responsibility to keep our children safe online.
- Ensure parental controls are set-up and appropriate for your child's age.
- Talk to your children openly about online safety.
- Be a good digital role-model.
- Always consider the risks for your child – what could they see? Who might they speak to? How might they behave?
- Don't allow your child to use an app or game that is not appropriate just because everyone else is – follow your instincts.
- Monitor their usage.
- Get advice when you need it.

Questions?



Are there any questions.

These could be about sites you have heard about or any of the subjects I have covered in this session.

Alternatively, if you would like to have a more discreet conversation I am happy to chat with you at a later date.